

2021-2022 Family Handbook:  
Program Policies and Procedures

Kinderhaus

PO Box 114 Decorah, Iowa  
52101 (563) 379-7303  
[info@kinderhausdecorah.com](mailto:info@kinderhausdecorah.com)

OUR VISION: Kinderhaus was created by parents to provide a nurturing and beautiful environment for young children to spend time playing in nature and the indoors with imaginative, cooperative, and natural toys. It is a Waldorf-inspired early childhood program for 3-6 year olds modeled after European outdoor kindergarten.

OUR PRACTICE: Kinderhaus strives to develop the whole child: emotionally, socially, artistically, and cognitively through: -Daily exploration and play in nature -Song and movement during daily transition -Storytelling and puppetry -Exposure to daily and seasonal rhythms of our region -Emphasis on community, ceremony, and reverence -Imaginative play with natural toys, painting, and clay modeling

#### CONTACT INFORMATION

Kinderhaus PO Box 114 Decorah, IA 52101  
 Administrative cell: 563-379-7303 Teacher contact  
 (during program hours) 563-379-7303  
[www.kinderhausdecorah.com](http://www.kinderhausdecorah.com)  
[info@kinderhausdecorah.com](mailto:info@kinderhausdecorah.com)

FACILITIES: We meet at Good Shepherd Church at 701 Iowa Avenue. The church phone number (which should be used only in the case of emergencies) is 382-3963. In compliance with the Iowa Smokefree Air Act of 2008, church and center facilities and outdoor properties are smoke and nicotine free environments. Persons under the influence of alcohol and drugs will not be permitted in the Kinderhaus classroom space. Preschool facilities meet the Americans with Disabilities Act accessibility requirements.

CALENDAR: The Kinderhaus year generally runs from Labor Day until Memorial Day. We follow the Decorah public school calendar for holiday breaks and staff development days.

ENROLLMENT PROCESS: We strive to ensure that families feel supported in their decisions regarding programming for their children. Our enrollment process encourages inclusion of the following components which may be combined or omitted as appropriate:

- 1) Parent inquiry and conversation with a Kinderhaus representative resulting in a firm understanding of Kinderhaus programming and philosophy
- 2) Introduction and tour of Kinderhaus with director or teacher (with or without child)
- 3) The return of the following completed Registration Form and \$50 Registration Fee

A Wait List will be maintained in the event that Kinderhaus has no student openings available. Enrollment and Wait List priority will be given in the following order: 1) Current students, 2) Siblings of Kinderhaus students (current or past), 3) Other applicants. Within each group, spaces will be allotted in the order that registration paperwork and fees are received. A Wait List will be maintained in the event that Kinderhaus has no student openings available. If your child is a returning student or a sibling of a current or former student, their enrollment form is due on March 5th. You will be informed of your child's schedule (or wait list status) as soon as possible and before May 28th. Please inform us of any schedule changes as soon as possible. Kinderhaus strives to be flexible for all interested families and many different scheduling needs, therefore we cannot guarantee first priority scheduling. We do our best to accommodate all families preferences, however, some families may be asked to adjust their schedules if necessary.

Students must be at least 3 years old by September 15. Under special circumstances a family may request an exemption from this policy. Exemptions will be reviewed on an individual basis by the Kinderhaus staff and board. Those children who are 3 years old after September 15 and receive an exemption will be given a one month trial enrollment. A conference between parents and staff will be arranged within the trial month to discuss further enrollment. Children under 3 years old on September 15th may only be considered if there is an opening and enrollment is not full. New students may begin between September and January. No new students will be added after January.

It is the policy of Kinderhaus not to discriminate in its education programs, educational activities, and scholarships on the basis of sexual orientation, race, religion, color, national origin, marital status or disability. Students are educated in programs, which foster knowledge of, and respect and appreciation for, the historical and contemporary contributions of diverse cultural groups, as well as men and women, to society.

**PAYMENTS:** A \$50.00 registration fee is due at the time of registration submittal. This fee is refundable only if Kinderhaus is unable to provide enrollment. You do not need to submit the \$50 registration fee if your child is placed on the waiting list. If a spot opens up for your child you can take up to a week to submit the registration fee.

A snack fee will be collected twice a year to cover the food costs of our all-natural, primarily organic, homemade snacks. The snack fee for 2 days/week is \$40, 3 days/week is \$60, and 5 days/week is \$100. This fee will be collected once at the beginning of the year (September) and again in the Winter (February).

Tuition for the 2021-2022 School Year for Mornings (8:45-12:15) and All Day (8:45-3:15) are as follows:

|                        |                        |                         |                        |
|------------------------|------------------------|-------------------------|------------------------|
| 2 days/week<br>Morning | 3 days/week<br>Morning | 4 days/week/<br>Morning | 5 days/week<br>Morning |
| <b>\$165/m</b>         | <b>\$230/m</b>         | <b>\$300/m</b>          | <b>\$365/m</b>         |
|                        | 4 yr old <b>\$0</b>    | 4 yr old <b>\$75</b>    | 4 yr old <b>\$145</b>  |

|                        |                        |                        |                        |
|------------------------|------------------------|------------------------|------------------------|
| 2 days/week<br>All day | 3 days/week<br>All day | 4 days/week<br>All day | 5 days/week<br>All day |
| <b>\$285/m</b>         | <b>\$410/m</b>         | <b>\$525/m</b>         | <b>\$625/m</b>         |
|                        | 4 yr old <b>\$190</b>  | 4 yr old <b>\$315</b>  | 4 yr old <b>\$425</b>  |

Families with multiple children attending will receive a 10% discount on the lesser attendance amount. Children who are 4 years old by September 15th, automatically qualify for the 4 year old grant and will receive 3 free mornings of tuition. Minimum enrollment is 2 half days a week. Tuition adjustment is determined each January by the Board of Directors and is subject to a 2%-3% increase each year to keep pace with increasing cost of labor, food, and other costs. Tuition rates are subject to change with a one month notice to families.

Tuition is paid in nine equal payments on the fifth of each month (except September on the 20th). Tuition is not reduced for holidays, sick days, or family vacations. Children who are absent on their scheduled day will be charged for that day. Families may not switch days of attendance throughout the week. Payments are considered late after the 10th of each month and a \$10.00 late charge will be added. In the event that tuition is one month overdue and alternate arrangements have not been discussed with the Director, your child will not be allowed to attend Kinderhaus.

As a nonprofit organization, we are very concerned with reducing administrative costs. We ask that you utilize automatic withdrawal set up through the Kinderhaus Treasurer for tuition payment. Families choosing to pay with check or cash will incur an additional \$10 handling

charge each month. If the automatic payment system is not an option for your family, please discuss this with us in order to avoid the handling charge.

## TUITION ASSISTANCE

HAWC: Funding for income-qualifying 3 year olds. Up to full tuition assistance depending on family income. Application ongoing, but guaranteed by September 1.

Statewide Voluntary Preschool Program Grant: Funding for children turning 4 years old by September 15<sup>th</sup> enrolled in a participating program meeting 10 hours or more. Free tuition for 4 year olds attending Kinderhaus 3 mornings/week. 4-year-olds attending Kinderhaus 5 mornings/week will have an additional \$145/month tuition responsibility. Three full days will be \$190/month and 5 full days will be \$425/month.

KinderGrant: in-house grant prioritized for qualifying families based on conditions below; application due May 15<sup>th</sup> or upon admittance to program

1) 5-year old and 6-year old children qualifying using HAWC criteria. Up to \$100/month assistance for 5 day program, \$60/month for 3 day program, and \$40/month assistance for 2 day program. Assistance will be divided equally among qualifying families.

2) 3-year old, 5-year old, and 6-yr old children qualifying using HAWK-I criteria. In the event that funding exists following distribution outlined in #1 above, remaining funding up to \$100/month assistance for 5 day program, \$60/month for 3 day program, and \$40/month for 2 day program, divided equally among qualifying families.

3) 4-year old children qualifying using HAWC criteria. In the event that funding exists following distribution outlined in #1 and #2 above, remaining funding up to \$100/month assistance for 5 day program, divided equally among qualifying families.

4) 4-year old children qualifying using HAWK-I criteria. In the event that funding exists following distribution outlined in #1, #2, and #3 above, remaining funding up to \$100/month assistance for 5 day program, divided equally among qualifying families.

**POLICY FOR WITHDRAWAL:** In order to avoid tuition for a given month, written notification of your intent to withdraw must have been received one month in advance on or before the first of the month. (For example, the March payment would not become payable if the office receives such notification on or before February 1st.)

Withdrawing from the upcoming year between July 1st and the start of the academic year will result in an additional \$100 fee. Our hope in this policy is to better accommodate waiting families in a timely manner.

**SCHEDULE:** The Kinderhaus program meets Monday-Friday from 8:45am-12:15pm. Children may attend 2, 3, 4 or 5 days. Our daily schedule varies with the rhythm of the seasons and weather conditions. Greater indoor time occurs during the winter with dropping temperatures. We strive to spend as much time as possible outdoors throughout the entire year. We will not meet outside if hail, thunder, or lightning are present or if the temperature, including wind chill is below zero. Completing our morning walk and spending time outside are two of our greatest priorities. We are also committed to maintaining a consistent order of events during the day. A consistent schedule helps to increase cooperation as the children are able to predict what events are forthcoming.

8:45-9:00 Arrival  
 9:00-9:45 Center Exploration or Walk  
 9:45-10:00 Circle  
 10:00-11:00 Bathroom, Handwashing, Snack, Dishwashing  
 11:00-11:45 Project Work and/or Center Exploration  
 11:45-12:15 Clean Up, Story, Closing Circle  
 12:15 Departure

**AFTERNOON SCHEDULE:** Kinderhaus now offers optional afternoon care for up to 8 children. Children who are enrolled for full days will bring a sack lunch with them daily. Following lunch, the children will rest. Kinderhaus will supply cots with sheets, and families will provide their own small pillow and a blanket to remain at the school. Children who have trouble falling asleep will be able to look quietly at a book. We believe in the importance of rest for young children, and are happy to create a soothing, peaceful, and cozy atmosphere for our students to quiet their minds and bodies in the middle of their day.

12:15-1:15 Handwashing, Lunch, Bathroom  
 1:15-2:00 Rest  
 2:00-3:15 Free Play, Baking, Projects

**ARRIVALS:** We have observed that the morning transition into school occurs more smoothly when children are able to join activities from the beginning. Stepping into the middle of something is often confusing and difficult. Please help your child's transition by arriving between 8:45-9:00. If you know in advance that you will be late, please call the teachers at 379-7303.

The Kinderhaus garden is located on the west end of the church lawn. For safety and social modeling, it is important that guardians walk their children to the teachers after parking in the nearby parking lot or on the street. The teachers greet the parents and children with a warm handshake, hug, or hello. Please do make the teachers aware of special situations for your child (tiredness, low spirits, etc.) that may impact their Kinderhaus experience for the day. If another authorized individual will be picking your child up, please tell the teachers and write it on the attendance sheet. Please encourage your children to use the bathroom immediately before bringing them to Kinderhaus. Please apply sunscreen and bug spray when necessary.

**DEPARTURES:** Pick-up time is 12:15 pm. Parents/guardians will park in the parking lot, or in the case of inclement weather, on Iowa Avenue near the Fellowship Hall entrance. We appreciate your cooperation in being on time. If you wish to discuss a matter with the teachers, please do so by phone or when the children are not present. When the teachers are with the children, their whole focus needs to be with them. We have observed that when you pick up your children, it is best for them if you take them home and not visit with other adults while the children wait. They can be tired, and a nice quiet walk or ride home followed by lunch and conversation helps make the transition time from Kinderhaus to home pleasant and easy. Children may only be released to individuals listed on their current registration paperwork unless otherwise authorized by a guardian.

**LATE PICK-UP FEE:** We understand that life happens and occasionally a guardian may arrive later than 12:15 for pick-up. However, consistently being picked up late can be very stressful for children, and inhibits the Kinderhaus staff from moving on with their day. If a child has not been picked up by 12:30, Kinderhaus will bill the parents \$1/minute until they arrive. (For example: A parent arriving for pick-up at 12:36 will be charged \$6 extra.) Kinderhaus staff will track and total the late pick-up fees monthly, and bill families at the end of the month, separately from their regular tuition payment.

**ABSENCE/SCHEDULED LATE ARRIVAL:** If you know your child will be absent due to a vacation or an appointment, please contact the teacher 24 hours in advance. If your child is ill or must miss school, please call in the morning by 9:00 at **379-7303** or let the teachers know in advance. If your child is able to attend a partial day at school (e.g., morning doctor's appointment), please call the teachers to discuss, and decide together what arrival/departure time will work best.

**TRANSPORTATION:** We recognize that our staff and parents may have personal relationships outside the realm of the Kinderhaus program. Any transportation of Kinderhaus children by

Kinderhaus staff or volunteers outside of the Kinderhaus program hours is viewed as a private arrangement between parents and staff or volunteers exclusive of any organization or involvement by the Kinderhaus program. Kinderhaus staff and volunteers shall only transport children in a privately owned vehicle and may not receive any compensation for such transport. The requirements of Iowa Code section 321.446 shall be followed.

**FIELD TRIP and NON-CENTER ACTIVITIES:** Our group frequently takes short field trips within walking distance of the school. An additional staff member, beyond the required ratio, is present when the group is away from the Kinderhaus center.

For farther or longer field trips, notification will be sent home, informing parents about the nature of the trip and also ensuring that they are aware of and supportive of extended trips away from the center. On occasion, the Decorah School District or Earl Public Transit may be involved in transportation during a field trip. In the event that parents are asked to help with driving for a field trip they will be asked to provide “proof of auto insurance”. Children will also be secured in moving vehicles following state of Iowa law. In the event that a parent chooses to have their child not participate in a field trip, they are then responsible for supervision of their child at that time.

Any non-center activities not defined as a field trip will not be considered part of the Kinderhaus program.

**HEALTH:** Our policy has been created to protect the children and staff at Kinderhaus from unnecessary spread of illness and to encourage their presence in our program when they are well-enough to participate as part of our community.

Class size will be limited to 15 children present at any one time. Health files will be maintained for both staff and children in a locked location within the center.

Each child must have the following forms turned into the director within 30 days of your child beginning attendance at Kinderhaus:

- an annual physical examination or statement of health condition
- an up-to-date immunization record or notarized exemption
- authorization of preferred doctor, hospital and dentist to be used in case of emergency

Kinderhaus may access medical advice or consultation through contacting the Visiting Nurse Consultant and/or Public Health Nurse. The Visiting Nurse Consultant and/or Public Health Nurse will audit child files annually, inspect for safety, and be available for inquiries.



Kinderhaus classroom materials include some objects (e.g. glass beads, nuts, paperclips, and marbles, etc.) which are allowable for use with children ages 3 and older but do pose some risk for choking, especially for those children under 4 years of age. Staff will be within close proximity to the children while they have access to these materials and will observe carefully to facilitate safe use of the materials. Children will not be allowed to put these materials into their mouths.

Staff will also vigilantly supervise the use of any materials with strings longer than 12” long that are not secured at both ends. This applies, specifically, to the stepping blocks in the outdoor classroom and pull toys and aprons indoors. This policy may apply to any other qualifying material.

In the event that observation of a child or discussion with caregivers alerts staff to the likelihood of a child misusing the materials in an unsafe manner, the materials will be removed from the environment.

Any live animals within the center must appear to be in good health and have documentation from a veterinarian or an animal shelter to show that the animal is fully immunized (if the animal should be so protected) and suitable for contact with children.

Children with sores on their hands are not allowed to participate with others in the water pans or water play to reduce the chance of spread of infectious diseases. Children are not allowed to drink the water during water play activities. When the activity period is complete, the water tubs and buckets are drained. We do not participate in swimming pool activities. Staff supervise all children by sight and sound in all areas with access to water in tubs, buckets, and pans.

In the event that your child receives a minor, non-life threatening injury during their time at preschool, staff will assess the situation and apply first aid as needed. Minor cuts and scrapes will be treated with soap and water and bumps will be treated by applying ice to the injured area. Any incident or injuries requiring follow-up care or observation will be documented on an “Incident Report” form and a copy will be given to the parent within 24 hours of the incident.

Your child may not participate at Kinderhaus or may be sent home if the following conditions exist:

- a. an illness that prevents the child from participating comfortably in the activities planned.
- b. an illness that results in a greater care need than the staff can provide without compromising the health and safety of the children.
- c. fever (1 or more episodes within the last 24 hours or until a health care provider determines that the cause is not contagious and the child is not in danger of dehydration).
- d. symptoms or signs of possible severe illness such as unusual lethargy, uncontrolled coughing, inexplicable irritability, fussiness, or persistent crying, difficulty breathing, wheezing, or other unusual signs for a child
- e. Diarrhea, defined as loose, watery, and frequent stools (1 or more episodes within the last 24 hours or until a health care provider determines that the cause is not contagious and the child is not in danger of dehydration).
- f. *Salmonella typhi* until three negative stool cultures are obtained; *Shigella* or *E. coli* until two negative stool cultures taken at least 24 hours apart. If treated with antibiotics, samples should not be taken less than 48 hours after therapy is done; *Norovirus* until 24 hours after diarrhea and vomiting cease and stools are formed
- g. Blood in stools not explained by dietary change, medication (such as ibuprofen, naproxen, or aspirin), or hard stools
- h. Vomiting illness (1 or more episodes within the last 24 hours or until a health care provider determines that the cause is not contagious and the child is not in danger of dehydration)
- i. Mouth sores with drooling unless a health care provider determines the condition noninfectious
- j. Rash with fever or behavior change, until a health care provider determines that these symptoms do not indicate a communicable disease
- k. Pink or red conjunctiva (pink eye) with white or yellow discharge (or clear discharge with fever, eye pain, or eyelid redness) until all symptoms are gone
- l. Scabies, head lice, or other infestation until 24 hours after treatment
- m. Tuberculosis until medically cleared by a physician
- n. Impetigo until 24 hours after treatment
- o. Strep throat or other streptococcal infection until 24 hours after initial antibiotic treatment and cessation of fever
- p. Chickenpox until all sores have dried and crusted
- q. Pertussis until 5 days of appropriate antibiotic treatment has been completed or 21 days of cough if not antibiotics are given
- r. Mumps until 5 days after onset of parotid gland swelling or until symptoms are gone

- s. Hepatitis A virus until 1 week after onset of illness or as directed by the health department when passive immunoprophylaxis has been administered to appropriate children and staff
- t. Measles until 4 days after onset of rash
- u. Rubella until 6 days after onset of rash
- v. Unspecified respiratory tract illness
- w. Erythema infectiosum (5th disease) with fever
- x. Persistent abdominal pain (lasting more than two hours) or intermittent abdominal pain associated with fever or other sign of illness
- y. Scabies until after first treatment
- z. Herpes simplex infection of the mouth in children who do not have control of oral secretions
- aa. Bacterial meningitis until 24 hours after starting antibiotics
- bb. Coronavirus related information can be found in our coronavirus prevention plan

Please let us know if changes occur in your child's health or eating habits. Also please let us know if your child has been exposed to a communicable disease.

In the event of a communicable disease outbreak, such as strep throat or chickenpox, a sign will be posted at the main entrance and an email will be sent out to families. If a child becomes ill while at Kinderhaus, the parent or an emergency contact will be notified. The child will be supervised in a quiet area to rest until the parent arrives to pick them up. If you cannot pick up your child shortly after being contacted, please notify someone on your emergency contact list.

We ask you to keep us informed of the advice received from your health care provider regarding your children. The Kinderhaus director and staff reserve the right to admit or exclude a child regardless of the health care provider's recommendations. Staff will give extra attention to hand washing and disinfecting surfaces (1/4 C bleach/1 gallon cool water and/or PureGreen24) and use Universal Precautions.

Kinderhaus has written policy for reporting child abuse and neglect. These policies are available upon request. All teaching staff complete "Mandatory Reporter: Child and Dependent Adult Abuse" at least every three years and within six months of employment.

**MEDICATION:** Medications will only be administered by the director or onsite supervisor under the advice of medical professionals. Additional requirements are available for review within the staff handbook and will be made available to parents or medical professionals when

requested.

Sunscreen and insect repellent are considered other health products, not medications, but will be kept inaccessible to children in the first aid kit. While we recommend wearing hats and applying sunscreen prior to arrival at Kinderhaus, sunscreen or sunblock with UVB and UVA protection of SPF 15 or higher will be applied to your child's exposed skin (only with your written parental permission to do so) when deemed necessary. We may also use an insect repellent containing DEET (only with your written permission) no more than once a day to protect your child from insect bites only when the public health authorities require its use.

**EMERGENCY SITUATIONS:** A first aid backpack can be found indoors hanging inside the kitchenette to the left of the doorway, worn by Kinderhaus staff when on a field trip, or hanging on the outside coat rack when the group is in the outdoor classroom. A supplemental first aid kit is always available in the cabinet over the sink in the kitchenette. The first aid kits comply with DHS regulation and include a working cellular phone, emergency personnel phone numbers and child-specific emergency contact information. Children will not be permitted access to the first aid kits. All staff members will have current pediatric CPR and first aid certification. Medical professionals and organizations listed on the child's registration form will be contacted as needed. Emergency contact information and medical information will be transported with children if needed.

Fire extinguishers are located in each indoor teaching classroom. Smoke detectors and carbon monoxide detectors are tested monthly. A written log of testing dates and battery changes is maintained and available upon request. Fire drills are conducted monthly and recorded on a log.

In the event that an evacuation is required due to fire or carbon monoxide, Kinderhaus staff will relocate the children to the West Side Early Childhood Center on Iowa Avenue. In the event that a greater distance from the center is required in an evacuation due to flood, bomb threat, or chemical leak Kinderhaus staff will relocate the children to Casey's Convenience Store on College Drive. Complete emergency plans can be requested for review as documented in the Staff Handbook. Staff reviews this information annually.

**A NOTE ABOUT SLEEP:** It is sometimes difficult to make that transition from summer to the Kinderhaus year, and getting adequate sleep can help. **Most young children need 11-12 hours of sleep** to function their best, and a peaceful and harmonious bedtime is important to produce this healthy sleep.

TOYS/PLAY: We have found that toys from home are easily lost and broken, are not easily shared, and are distracting. **Children are required to keep toys brought from home in their backpack or cubbies.**

Play that is considered threatening shall not be allowed at Kinderhaus.

COLD WEATHER POLICY: The health of our children and teachers is always our greatest priority at Kinderhaus. The following policy has been adopted to ensure their comfort and safety. The temperatures listed below are considerate of combined air temperature and wind-chill.

*Below 20 degrees F:* Teachers will be mindful of the distance from campus the children are taken and the amount of time that the children are exposed to outdoor time.

*At 0 degrees F:* Children will arrive and remain indoors.

Our intention is to provide for as much outdoor play as possible in balance with safety and comfort for the child. **With this policy, we want to remind you of the importance of dropping your child off in a timely manner, as a child arriving late may miss a much-needed opportunity to play outside. This can then set the child, his peers, and the teachers up for greater indoor challenges.**

Individual children will remain inside if a teacher determines that they don't have adequate clothing to go outside and adequate clothing is not available. If a child comes to school without adequate outdoor clothing, the parents will be asked to take their child inside to find appropriate clothing in Kinderhaus storage. If the need for additional clothing is discovered after the parents have departed, the teachers will find appropriate clothing in the Kinderhaus storage, if available, and will contact the parents with a notification and a reminder the first, and second time. The third time a child comes to school without adequate outdoor clothing, the parents will be notified and the child will be sent home.

Children who are unable to safely go outside during winter weather for medical reasons must have written permission from their parents to that effect. In these cases, Kinderhaus will provide supervision of the child during the time that the group is outside.

Parents who want their children to remain inside during outdoor time, without medical reasons, within the guidelines of this policy will be responsible for providing supervision of

their child during the time the class is outdoors.

**CLOTHING:** We consider Kinderhaus a “Play Clothes Only” environment. We enthusiastically encourage and value free play and exploration, and it should be expected that your child’s clothes may become soiled or damaged while they engage in their “meaningful work.”

We almost always meet and remain outside, at least for a short period of time, as outdoor time is an important part of our curriculum. Warmth is very important in the early years. Heads need to be covered both for protection from cold and protection from sun. Children are often not conscious of losing body warmth and need to be protected. Winter gear will need to keep the children extremely warm. We recommend layering. If you have any questions regarding rain or winter gear please talk with us. Please ensure that your child arrives with the following conspicuously visible when weather conditions warrant:

Fall/Spring: (rain gear is required if precipitation is evident or expected or the ground is wet or muddy)

Waterproof boots Waterproof coat Waterproof pants Sweater or sweatshirt to wear under a rain coat Hat, gloves or light mittens during cool weather times Hat, visors, and protective clothing for sun protection Shoes or sandals (must have a “strap in the back” rather than flip flops) if desired

Winter: Long underwear or layers

Thick wool socks or two pairs of socks Wool/fleece sweater Face protection (neck gator, balaclava, or scarf) 2 pair of warm and **waterproof** mittens or gloves Hat that covers the ears Warm, **waterproof** boots that cover the ankles Warm coat and **waterproof** snow pants or full body snow suit

Indoors: Indoor shoes/slippers that remain at Kinderhaus

Change of clothes: Please keep a seasonally appropriate change of clothes available for your child. Please, no media-inspired images (i.e. television or movie characters) on clothing, as these have been observed to have negative effects on the children's attitude and creative playtime. **Please label all clothing and outerwear your child brings to Kinderhaus.**

*Note about boots:* It is often necessary to wear waterproof snow boots before and following snow season. Most rain boot/warm sock combinations do not keep the children’s

feet warm enough in late fall and early spring.

**HEARTY SNACK:** Kinderhaus provides a hearty snack mid-morning which the children often help to prepare. If your child has any allergies to certain foods, please let us know as soon as possible. Our menu is posted on our postings board at the entry to Kinderhaus. We occasionally substitute the accompanying fruit or vegetable with other seasonal produce. Licensing requirements mandate that we ensure that children under the age of 5 are offered 2 of the following 4 components in accordance with CACFP standards: milk, fruits/vegetables, grains/breads, meat or meat alternative. Exceptions are allowed for allergy, medical, and religious, etc. reasons with written instruction of a licensed physician or health care provider or written documentation of religious requirements. If snacks are brought from home due to allergies, we are required to supplement them to meet the CACFP standards. In the event that a snack does not meet CACFP nutrition guidelines, we will supplement with dried plums or whole grain rice cakes. Snacks that may not meet CACFP nutrition guidelines may be provided for special occasions such as birthdays.

As the number of children with allergies increases, we feel strongly that we should minimize the food-allergy risks to as great a degree as reasonably possible. Allergic reactions to foods vary from life-threatening respiratory conditions to sensitivities leading to skin reactions, abdominal pain, and ear infections. As nut allergies are often the most severe within a group of young children, and are increasingly common, we will follow the example of many schools and programs throughout the country and commit to being a ***PEANUT/TREE NUT FREE PROGRAM.***

We will not be using nut products in our food program. Snacks and lunches brought from home will not be allowed to consist of or contain nuts or their oils due to contact exposure danger. Ingredients that are “produced in a facility which processes nuts/peanuts” are allowable. If you have a child with a severe allergy, please contact the director and we can make accommodations for optimal safety.

## MENU

Monday Applesauce, yogurt and granola

Tuesday Whole wheat bread, chevre, and kale

Wednesday Potato wedges, hummus, and carrots

Thursday Egg, popcorn, and oranges

Friday Edamame, muffins, and butter

Birthdays Cake and cheese

PARENT COMMUNICATION: Next to safety, proactive, open, and consistent communication between parents, children, staff, and volunteers is our greatest priority. We hope that you will feel comfortable sharing any suggestions, concerns, or comments with our teaching staff. We have found that a cooperative relationship with our families is essential in providing the best environment possible for each child. There is so much that we can learn from you, the families, to help us be responsive to your children and yourselves. We welcome and encourage communication about the events and emotions affecting your children. Our desire is to provide an oasis of warmth, play, and friendship with others for your children. What their experiences are, outside of Kinderhaus, does affect them inside of Kinderhaus. We feel that recognizing, respecting, and considering those experiences helps us to respond to the children on a daily basis. If your child had a big party the night before, is leaving to go to Grandma's tomorrow, is sad from the loss of a pet, etc., it is very helpful for us to know about it.

We welcome the opportunity to get to know your family through our New Family Orientation in the Summer prior to your children attending Kinderhaus, Home Visits with 4-year-old families, and Meet the Teacher Days for all children. Each of these events happen prior to the school year beginning.

During the school-year we strive to provide timely communication with families on a weekly basis through a weekly newsletter so that you may more fully share in your child's experience at Kinderhaus. Our teachers look forward to and are grateful for the opportunity to greet you at the beginning and end of each of our days. Kinderhaus hosts fall and spring conferences in November and February. Telephone, email, or in-person conferencing is also welcome throughout the year.

During conferences and throughout the school year, we wish to explore your child's continued growth and areas for support. This information may be gathered through conversations with you, Teaching Strategies Gold assessment which aligns with the Iowa Early Learning Standards, and time spent in community with your child at Kinderhaus. Our teaching staff is constantly utilizing daily observations and interactions to adapt the program to best meet the individual needs of the children. Conferences, in-person and telephone conversations, emails, and Teaching Strategies Gold assessment are all ways that we strive to share information with you.



Our goal is to work as a team to identify what best serves the child. A child may be best served through modifications beyond typical Kinderhaus programming. A team consisting of parents, teachers, and director, as well as any other invited individuals may work together to explore helpful modifications and interventions. Kinderhaus staff can also assist in making a request to the Keystone Area Education Agency for support and additional ideas or more formal assessment.

The Kinderhaus Board always welcomes any suggestions or concerns that families or staff wish to present.

In the unanticipated event that an individual feels discriminated against, the school district Affirmative Action Coordinator, Rick Varney, can be reached at (563) 382-4208. Inquiries may also be directed in writing to the Director of the Region VII Office of Civil Rights, US Department of Education, 310 W. Wisconsin Ave., Ste. 800, Milwaukee, WI, 53203-2292, (414) 291-1111, or the Iowa Department of Education, Grimes State Office Building, Des Moines, IA 50319-0146, (515) 281-5294.

Please inform the teachers or director in the event that you need translation, reading assistance, etc. to access any and all information and clearly understand the content of our communications. Kinderhaus will work with private individuals or district or Keystone AEA personnel for assistance.

**PARENTAL ACCESS:** Parents legally have unlimited access to their children and to the providers caring for their children during the center's hours of operation or whenever their children are in the care of the center, unless parental contact is prohibited by court order. Parents must wear a mask inside the church building and outside when near other children if our community still has a mask mandate due to the spread of covid-19 in our community.

**BIRTHDAYS:** We are excited to invite your family to celebrate your child's birthday at Kinderhaus. Our birthday celebrations take place on Tuesday, Wednesday, and Thursday mornings to accommodate our project time on the other days. You will receive a detailed invitation as the date draws nearer to your child's birthday celebration.

FESTIVALS/FELLOWSHIP: (all of the following events are subject to be changed or cancelled depending on the status of covid-19 spread in our community)

*Orientation:* This evening allows us to share information about the Kinderhaus program, answer questions, and take suggestions. We normally invite returning and new parents to Orientation in April.

*Home Visits:* Our lead teacher will come to the homes of each of the families participating in the 4-year-old grant program prior to the beginning of the school year. What a fabulous opportunity to get to know each other! If desired, the visit can happen anywhere other than at Kinderhaus: parks, the library, a coffeehouse all can work very well.

*Meet the Teacher:* We welcome families to visit Kinderhaus just prior to the beginning of our school year to help familiarize the children with our teachers and Kinderhaus space. It is a great time to stock your cubby with your extra set of clothes and hand in supplies and paperwork.

*Autumn Festival:* This gathering provides an opportunity to join together as we begin our journey through the year. The children re-enact our autumn story of wisdom and courage before we begin our potluck dinner.

*Festival of Light:* As the days grow noticeably shorter, the frosty winter nights approach their longest, and we all begin to yearn for the light which so recently illuminated our lives. To symbolize this yearning, the families of Kinderhaus participate in our Spiral of Light Festival. In a semi-darkened room, lit only by candles and smelling of evergreens, we are present and surrounded by tranquil music. Each child goes, one at a time, through the spiral of evergreens to the center of the garden. Each child lights his or her candle, then returns to their space around the spiral and places their candle in front of them to light the way for the next child. This passage reflects winter's dark coming to a close and the renewed promise that spring light and life will begin again.

*Spring Festival:* We celebrate the ending of our school year together with a potluck, graduation ceremony, and fire. The children receive special “fairy stone” necklaces with a bead added for every year they’ve attended Kinderhaus.

**BOARD OF DIRECTORS:** The Board of Directors is made up of 7 individuals serving 3-year terms. We currently meet on the third Wednesday of each month from 7:00-9:00 pm. A list of our current Board members can be viewed at [www.kinderhausdecorah.com](http://www.kinderhausdecorah.com). We welcome diversity of demographics and thoughts within our Board and service is open to anyone within

or outside of the Kinderhaus community. Please let us know if you are interested in serving on the Kinderhaus board.

Meetings are open for anyone to attend and are generally run in a relaxed manner. Please feel comfortable bringing suggestions, comments, or concerns to our attention. Our goal is to improve Kinderhaus and be responsive to those involved in the organization and wider community.

FUNDRAISING: Kinderhaus relies heavily on fundraising and grant efforts to meet our expenses. We are interested in hearing any fundraising ideas that you might want to share. We are incredibly grateful for the generous response toward fundraising that our families and others in the community have shown toward Kinderhaus.

In response to a request from Kinderhaus families to establish a policy requiring equal participation in fundraising events, the Board has determined that all families will be required to participate in at least two fundraising and one parent help events. All families will be required to serve three hours during Nordic Fest. The second event may be selected from the list below or additional fundraisers that occur. If a family is unable or chooses not to fulfill these requirements, they may either find another qualified individual to fulfill the labor requirements or provide a monetary compensation of \$50 per event. Our upcoming fundraisers/events for the year are as follows:

August: Two Parent Help Days

October: Parent Help Night

November: Seasonal Mailing

March: Kinderfolk on Stage Concert - All families are required to bring a dish for potluck

July: Nordic Fest Lingonberry Ice Cream Stand

INCLEMENT WEATHER POLICY: Children will remain indoors when hail, thunder or lightning are observable. Children will play outside, at the discretion of the teachers, when rain, snow and/or sleet are observable.

As needed, a hot weather policy will be created. We provide shaded areas for children to play in. Application of sunscreen prior to arrival and the use of sun hats is encouraged.

Kinderhaus cancellations will reflect the cancellation decisions of the Decorah Community School District. **If the Decorah schools are canceled we will NOT meet. If the Decorah schools are delayed, we will begin our day at 10:00.** Cancellation and late start

announcements for the Decorah Community School District can be heard on KDEC FM 100.5 or found at <https://schoolalerts.iowa.gov>. You can also sign up through the school district to receive text messages when school is canceled or released early.

In the event that the school district releases early due to weather or emergency reasons, Kinderhaus will release at the same scheduled time as the Decorah CSD release. If you are unable to come to Kinderhaus, please call and notify the teachers. In the event that you are unaware of an early release and you do not come to pick up your child, Kinderhaus staff will contact you or your designated emergency contact individuals by phone.

In the event that there are numerous cancellations throughout the year, we will make up any cancellations beyond 3 days. Make-up days may occur on scheduled vacation days or at the end of the academic year. There is still the possibility of Kinderhaus continuing online through the Winter months and extending into the month of June but that will be determined at a later date.

**STAFF/VOLUNTEERS:** The health and well-being of every child in our care is of the utmost importance and the protection of children is our responsibility.

Kinderhaus maintains compliance with Department of Human Services staff:child ratios. Generally, Kinderhaus ratios are lower than required ratios. We can currently have 15 children in attendance at any given moment. A lead teacher and assistant teacher are present and normally accompanied by a volunteer.

Staff and volunteers included in staff: child ratio must submit an affidavit of clearance from any and all crimes against a child or families and comply with state and federal background checks. No person with a substantiated report of child abuse or neglect will come in contact with children in the program or have responsibility for children. A list of substitute teachers is maintained by the director or designee. All individuals utilized as substitutes must comply with the affidavit and background checks required by staff.

Written annual staff evaluations are completed by the director or designee and placed in the staff's personnel file.

It is the policy of Kinderhaus not to discriminate on the basis of race, national origin, creed, age, marital status, or physical disability in its employment policies as required by Title VI or VIII of the 1964 Civil Rights Act, Title IX of the 1972 Education Amendments, and the Federal

Rehabilitation Act of 1973.

**DISCIPLINARY PROCEDURES:** In most cases, discipline is handled when and where a problem occurs. Involvement by staff in behavior modification may involve positive guidance, with direction for resolving conflict and setting of well-defined limits. In addition, the child or children involved will be helped to make right what has been done wrong. This could involve such things as cleaning up a mess or apologizing for hurtful behavior.

Children may need to lose privileges, or be isolated from the rest of the group for a period of time if these procedures seem to be useful in helping the child to regain self-control.

The main point of any intervention imposed on a child is to help awaken the child to the way his or her actions affect others. Teachers are never to use physical, corporal punishment or humiliation as a means of control.

Verbal or physical aggression is a very serious concern. Expectations of the children's social behavior and ability for self-control change and increase as the children mature. Extreme physical aggression at any age may be grounds for sending a child home.

In the case of persistent concerns:

- Teachers will seek the cooperation of the child's parents and work with them to reach a satisfactory solution to these problems.
- Teachers will also enlist help from their colleagues or area early childhood consultants.
- A signed contract may be created between the family and the school to set behavioral goals for the child. The contract process clearly explains the area of concern, the procedure being used to monitor and modify the behavior, and the expected results. It also clarifies the steps to be taken following the contract period, such as renegotiating the contract, obtaining outside services, or considering dismissal of the child.
- In extreme cases, a child might be suspended from school for a day or longer, or asked to leave the Kinderhaus program.

All of the adults in the community need to work together to support the disciplinary procedures. **If parents are contacted about their child for any reason, they need to be aware that the contact is being made to help everyone involved work together for the benefit of the child.** Parents are encouraged to request a parent/teacher conference for any questions or concerns involving the discipline of their child.

**SUSPENSION AND EXPULSION:** A child may be suspended or expelled for dangerous or destructive behavior. Such behavior may be physical but is not limited thereto. Actions or words that inflict emotional or psychological damage are also grounds for suspension or expulsion. Only under extreme circumstances is suspension a first resort. In non-emergency situations it will only be used when efforts to address the situation in less severe ways have proven unsuccessful.

In the event that a child must be removed from the group, the parents will be notified and asked to come to Kinderhaus to come get their child. Prior to returning to the program, a conference will be held between the parents, director, and teachers.

For any predetermined suspensions, a meeting between the parents, the teaching staff, and the director will be arranged, if at all possible, before the suspension is enacted.

Expulsion is an extreme step which will be considered only after all other measures have been exhausted.

The Board of Directors may become involved in the suspension/expulsion process at any time when requested by the director, parents, or staff.

**TOILETING POLICY:** If a child is unable to use the toilet consistently and still wears a diaper, we will check them upon arrival, every two hours, and when they wake up. We will change them if wet or soiled on the changing table in our bathroom. Cloth diapers are required to have an absorbent inner lining and waterproof outer covering. When cloth diapers are soiled we will immediately place them in a plastic bag (without rinsing) and send them home for laundering. Changing and gloving procedures are posted above the changing table. The changing table will not be used for any other purpose and diapers will be disposed of in its own lidded garbage that is inaccessible to children. Staff members that prepare food will not change diapers until food preparation duties are completed for the day.

**CHURCH CONSIDERATIONS:** We rent our space from the Good Shepherd Lutheran Church. We need to be mindful and respectful of their presence in the building at all times. Parents, teachers, and staff should use the east set of doors (near the Fellowship Hall) at all times.

